



## Seasonal Availability of Fruits in the Philippines

FRUIT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Avocado		✓	✓	✓	✓	✓	✓					
Kamatsile				✓	✓	✓	✓					
Kamias							✓	✓	✓			
Saging	✓	✓	✓	✓	✓	✓	✓	✓	✓			
Duhat			✓	✓	✓	✓	✓					
Balimbing				✓	✓	✓	✓					
Chico	✓	✓										
Makopa					✓	✓	✓					
Kasuy				✓	✓							
Tiesa										✓	✓	
Durian								✓	✓	✓		
Mabolo								✓	✓	✓		
Guava						✓	✓	✓	✓	✓	✓	
Langka			✓	✓	✓							
Lanzones								✓	✓	✓	✓	
Mango					✓	✓						
Melon				✓	✓	✓	✓					
Dalanghita	✓	✓								✓	✓	✓
Papaya	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Kalamansi						✓	✓	✓	✓	✓		
Pinya					✓	✓	✓					
Suha	✓	✓										
Santol							✓	✓	✓			
Sinequelas				✓	✓	✓						
Guyabano								✓	✓	✓	✓	
Atis									✓	✓	✓	✓
Sampaloc										✓	✓	✓
Kaimito	✓	✓	✓									
Pakwan				✓	✓	✓	✓					